

Lancer Football 2017
Schedule for July 31st - August 12th

- ❖ July 31st € August 1st workouts (Monday € Tuesday) <u>players</u> <u>will have off the remainder of the week, Wednesday - Sunday</u> (August 2nd - August 6th) off...rest up for the season!
- Monday, August 7th first day of practice. All players will report by 5:45 a.m. with spirit pack and helmet. Make sure players bring tennis shoes, a change of clothes, snacks and drinks. Parents need to make sure rides are there no later than 11:45
- ❖ Practice will be:
 - Monday through Friday 5:45 a.m. 11:30 (the JV's will practice on Saturday as well TBA) This will be the schedule from August 7th 26th.
 - Friday, August 11th the varsity will practice at normal time. They will also return at 10:45 p.m. for Midnight Madness (varsity only). The team will practice at 12:00 a.m. There will be a cookout afterwards and the team will spend the night in the stadium. This is a closed practice.

- Monday, August 14th Fall sports meeting (mandatory for all players and parents). 7:00 p.m. in the Manchester auditorium.
- > Thursday, August 17th scrimmage vs. Thomas Dale @
 Manchester (both Varsity & JV...time will be announced a.m.)
- > Saturday, August 19th Blitz day and Manchester team picnic at 1:00.
- > Tuesday, August 22nd *picture day* 9:00 a.m.
- > Thursday, August 24th scrimmage at Varina (Varsity & JV...time will be announced a.m.)

GAME WEEK!

- * August 28th we begin our afternoon practice schedule. I will send notification about the time at a later date.
 - > JV will play on Thursday the 31st at home
 - > Varsity will play @ River Bend High School on Friday, September 1 @ 7:00.